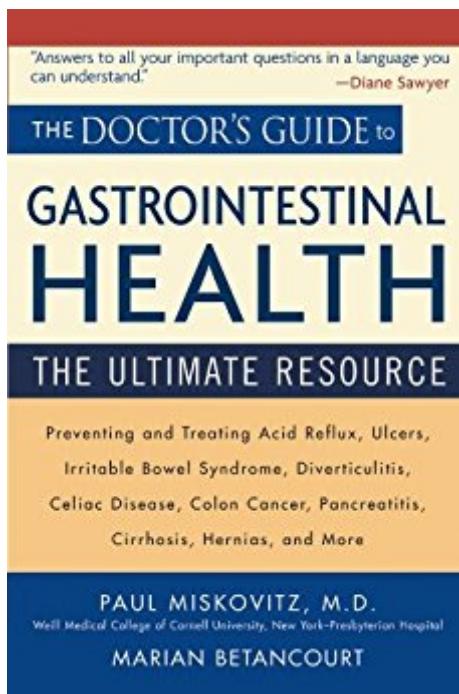


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# The Doctor's Guide To Gastrointestinal Health: Preventing And Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, Colon ... Pancreatitis, Cirrhosis, Hernias And More



## **Synopsis**

"This is the reference guide you dream about--answers to all your important questions written in a language you can understand. For everyone who wants better health and peace of mind." --Diane Sawyer, Co-anchor of ABC News' Good Morning America and PrimeTime Thursday "An important, practical, easy-to-read, and easy-to-understand source of information for anyone with a chronic gastrointestinal problem." --Isadore Rosenfeld, M.D., Rossi Distinguished Professor of Clinical Medicine at Weill Medical College of Cornell University and bestselling author *Digestive ailments*, whether mild or life-threatening, are a major concern for millions of people--and they can be difficult to diagnose and treat. Now, in this essential reference book, Dr. Paul Miskovitz, a physician at one of the world's top medical institutions, helps you understand the causes, symptoms, diagnoses, and medical treatments for a wide range of gastrointestinal disorders--everything from heartburn to IBS to hepatitis C. This comprehensive, user-friendly guide begins with an overview of how your gastrointestinal system works and how it is affected by lifestyle, age, and emotions. Dr. Miskovitz then explains the disorders that can affect your esophagus, stomach, intestine, gallbladder, liver, pancreas, colon, and abdominal cavity--revealing how to identify and treat problems and, in most cases, prevent them. You'll also learn how to: \* Maintain a healthy gastrointestinal system through diet, exercise, checkups, and screenings \* Find the right gastroenterologist for you \* Identify symptoms and get an accurate diagnosis \* Prevent gastrointestinal problems when you travel Complete with a list of organizations that provide information and support, *The Doctor's Guide to Gastrointestinal Health* is the ultimate resource for you and your family.

## **Book Information**

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## **Customer Reviews**

interesting read to educate me futher on my stomach issues which are severe

Very handy reference book for patients. Only drawback I've found is that there are no diagrams or pictures. It's all text. I have downloaded pictures from other sources as needed to understand descriptions. Still, worth the purchase price.

Very informative on diverticulitis and other diseases.

I enjoy reading it

Answers key questions about preventing and treating Acid Reflux and other gastrointestinal problems. My only complaint about the book is it should show some diagrams of the organs involved explanations.

Lacks some info...but it's ok...I'm more interested in a medical guide not so much aimed at the consumer..this tends towards the consumer. Thus it falls short in a few areas.

## **VERY GOOD REPORTS**

I found this book helpful and interesting. Useful to me and I am sure others wil find it very informative.

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Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis, Hernias and more Colon Health and Wellness: The Ultimate Guide to Colon Health the Natural Way (Colon Health, Colon Cleanse, Colon Cancer, Colon Health Guide, Colon Diet, Colorectal cancer, Colon Cleansing) Heartburn: Acid Reflux Cure: Get Heartburn, Acid Reflux Cured Naturally in 3 Week Step by Step Program (Heartburn, Heartburn No More, Heartburn Cured, ... Reflux Cure, Acid Reflux Help, Digestion) Irritable Bowel Syndrome: Cure Irritable Bowel Syndrome Naturally And Live Free From Irritable Bowel Syndrome For Life (Natural Health Healing And Cures) Diverticular Diseases and Diverticulitis Diet: Diverticulitis Cause, Symptoms, Diet, Treatment & Prevention(diverticulitis cure,diverticulitis recipes,diverticulitis pain free foods,low fiber diet) Diverticulitis Diet: Diverticulitis Cause, Symptoms, Diet, Treatment & Prevention(diverticulitis cure,diverticulitis recipes,diverticulitis pain free foods,low fiber diet) Conquering Irritable Bowel Syndrome: Essential Tips to Prevent, Manage, and Eliminate IBS Forever (Irritable bowel syndrome, Irritable bowel, IBS, IBS diet, stomach problems Book 1) Healthy Digestion the Natural Way: Preventing and Healing Heartburn, Constipation, Gas, Diarrhea, Inflammatory Bowel and Gallbladder Diseases, Ulcers, Irritable Bowel Syndrome, and More Mayo Clinic on Digestive Health - Enjoy Better Digestion with Answers to More Than 12 Common Conditions- Gerd, Ulcers, IBS, Crohn's Disease, Celiac, Diverticular, Gallstones, Pancreatitis, Liver Disease - Paperback - First Edition, 1st Printing 2000 Irritable Bowel Syndrome: Natural and Herbal remedies to cure Irritable Bowel Syndrome Low FODMAP: The Low FODMAP Diet Slow Cooker Cookbook (IBS, Irritable Bowel Syndrome, Crock Pot Recipes) (Managing Irritable Bowel Syndrome Cookbooks 2) Why Doesn't My Doctor Know This?: Conquering Irritable Bowel Syndrome, Inflammatory Bowel Disease, Crohn's Disease and Colitis Irritable Bowel Syndrome: The Ultimate Solution To Your Bowel Syndrome And Stomach Problems (IBS, Bowel Diet, Gastroenterology, Digestion) Gastrointestinal Health Third Edition: The Proven Nutritional Program to Prevent, Cure, or Alleviate Irritable Bowel Syndrome (IBS), Ulcers, Gas, Constipation, ... and Many Other Digestive Disorders Gastrointestinal Health Third Edition: The Proven Nutritional Program to Prevent, Cure, or Alleviate Irritable Bowel Syndrome (IBS), Ulcers, Gas, ... Heartburn, and Many Other Digestive Disorders Gastrointestinal Health: The Proven Nutritional Program to Prevent, Cure, or Alleviate Irritable Bowel Syndrome (IBS), Ulcers, Gas, Constipation, Heartburn, and Many Other Digestive Disorders, Third Edition Diverticulitis Pain Free Foods : Diverticulitis Diet For Restored Intestinal Health: Diverticulitis Diet Program, Recipe Book (200+) recipes, Meal Plans, and 50 Essenti Bland Diet: Bland Diet Small Meal Ideas and Recipes(Nutritional Health Benefits and Uses of Bland Diet,Acid Reflux,Ulcers,Stomach Surgery,Gastrointestinal Disorders) Reflux: Finally free: Stop heartburn and excessive acid in less

than a week with these 3(+1) natural methods along with a tasty diet. (Acid Reflux)

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